Satsuma Orange or Satsuma Mandarin

(Citrus unshiu)

Origin

The Satsuma originated in Japan where they are called “unshu mikan” or “seedless mandarin.”

Food Production

Satsuma trees need a lot of sunlight, about 7-8 hours a day. These trees produce a sweet-flavored mandarin and have few seeds. The trees usually do not grow over 6 foot tall. The longer the fruit stays on the tree, the darker and sweeter they become!

Nutritional Qualities

Satsuma oranges are low in sodium, saturated fat and cholesterol. They are a good source of vitamin C as well as fiber.

Famous Dishes

Satsuma oranges or mandarins are most often eaten alone, but they can be juiced and mixed with other fruits in salads as well.